

**April 2024 Menu**  
**My Kid's Lunch - A division of Michael's of Denver Catering**  
**303-778-0916**

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Corn Chex, Fresh Apple  Chicken Taco, WW Tortilla, Pinto Beans, Cold Corn Salad  WW Pumpkin Bread, Sliced Turkey	WW Biscuit, Jam, Pineapple  Beef & Spanish Rice, Sauteed Zucchini, Par Steamed Cauliflower  Soft Pretzel Bites, String Cheese	Scrambled Eggs, Fresh Orange  Chicken Paprikash, WW Pasta, Garden Salad, Ranch Dressing, Par Steamed Broccoli  Pinto Bean Dip, WW Tortilla	WW Blueberry Bread, Fresh Banana  Three Bean Chili, WW Cornbread, Steamed Mixed Veggies, Applesauce  Yogurt, Cinnamon Apples	Waffle, Cinnamon Apples  Tuna Salad Sandwich, WW Bread, Sliced Cucumbers, Ranch Dip, Par Steamed Carrots  WW Graham Crackers, Sliced Peaches
8	9	10	11	12
Corn Flakes, Fresh Apple  Beef Meat Sauce, WW Pasta, Par Steamed Cauliflower, Green Bean Salad  WW Goldfish Crackers, String Cheese	Hard Boiled Egg, Fresh Orange  Lentil Soup, WW Breadstick, Steamed Corn, Applesauce  Pearled Couscous, w/Parmesan, Sliced Peaches	WW Lemon Poppyseed Bread, Pineapple  BBQ Chicken Sandwich, WW Roll, Baked Potato, Southern Coleslaw, Mustard Vinaigrette  Cottage Cheese, Applesauce	WW Pancake, Cinnamon Apples  Beef w/Mushrooms, Quinoa, Par Steamed Broccoli, Beet Salad  Hummus, Pita	Mini Bagel, Jam, Fresh Banana  Turkey & Cheese, Sandwich, WW Bread, Provolone Cheese, Chickpea Salad, Par Steamed Carrots  WW Banana Bread, Yogurt
15	16	17	18	19
Cheerios, Fresh Apple  Refried Bean Burrito, WW Tortilla, Shredded Cheddar, Grilled Bell Peppers, Cold Corn Salad  WW Soft Pretzel Bites, Sliced Ham	WW English Muffin, Jam, Sliced Peaches  Curry Chicken w/Veggies, Brown Rice, Edamame Coleslaw, Vinaigrette  WW Graham Crackers, Applesauce	Chicken Sausage Patty, Fresh Orange  Beef Goulash, WW Pasta, Garden Salad, Ranch Dressing, Cinnamon Apples  WW Zucchini Bread, Pineapple	Waffle, Applesauce  White Chicken Chili, WW Cornbread, Baked Sweet Potatoes, Par Steamed Carrots  Quinoa Salad, String Cheese	WW Apple Cinnamon Bread, Fresh Banana  Chicken Salad Pita, Sliced Cucumber, Ranch Dip, Par Steamed Cauliflower  Animal Crackers, Sliced Peaches
22	23	24	25	26
Rice Krispies, Fresh Apple  Beef Sloppy Joe, WW Roll, Au Gratin Potatoes, Green Bean Salad  Pinto Bean Dip, WW Tortilla	WW Biscuit, Jam, Pineapple  Grilled Cheese, Tomato Soup, Spinach Salad, Italian Dressing  Yogurt, Applesauce	Scrambled Eggs, Fresh Orange  Ham & Turkey Tetrazzini, Sauteed Zucchini, Par Steamed Carrots  WW Blueberry Bread, String Cheese	WW Pancake, Applesauce  Chicken Fajitas, WW Tortilla, Onions, Peppers, Pinto Beans  WW Cornbread, Sliced Turkey	WW Pumpkin Bread, Fresh Banana  Ham & Cheese Sandwich, WW Bread, Sliced Cheddar, Potato Salad, Cinnamon Apples  WW Graham Crackers, Pineapple
29	30			
Corn Flakes, Fresh Apple  Cheese Quesadilla, WW Tortilla, Refried Beans, Cold Corn Salad  Brown Rice Cake, Sliced Turkey	Mini Bagel, Jam, Fresh Orange  Swedish Meatballs, WW Pasta, Cold Pea Salad, Diced Beets  Hummus, Pita		<b><i>*This institution is an equal opportunity provider and employer.</i></b>	<b><i>**Breakfast and Lunch are served with 1% white milk.</i></b>