

# CACFP Master August

2023

Chef Mikey Presents

My Kid's Lunch

A division of Michael's of Denver Catering  
303-778-0916



Monday	Tuesday	Wednesday	Thursday	Friday
	1 <b>WW Banana Bread</b> Sliced Peaches  <b>Grilled Hamburger</b> WW Roll Baked Potato Green Bean Salad  <b>WW Soft Pretzel Bites</b> Sliced Cheese	2 <b>Mini Bagel</b> Jam Cinnamon Apples  <b>Breakfast Burrito</b> Scrambled Eggs WW Tortilla Fresh Orange Hash Browns  <b>Quinoa Salad</b> Pineapple	3 <b>Chicken Sausage</b> Fresh Banana  <b>Chicken Fried Rice</b> Par Steamed Cauliflower Edamame Coleslaw Vinaigrette  <b>WW Lemon Poppy Seed Bread</b> Yogurt	4 <b>Waffle</b> Applesauce  <b>Ham &amp; Cheese Sandwich</b> WW Bread Cheddar Cheese Beet Salad Par Steamed Broccoli  <b>WW Goldfish Crackers</b> Seasonal Fruit
7 <b>Cheerios</b> Fresh Apple  <b>Cheese Quesadilla</b> Cold Corn Salad Black Beans  <b>Animal Crackers</b> Pineapple	8 <b>WW Biscuit, Jam</b> Fresh Orange  <b>Beef Sloppy Joe</b> WW Roll Au Gratin Potatoes Southern Coleslaw Mustard Vinaigrette  <b>Yogurt</b> Sliced Peaches	9 <b>French Toast</b> Applesauce  <b>Chicken Paprikash</b> WW Pasta Chickpea Salad Par Steamed Broccoli  <b>Quinoa Salad</b> String Cheese	10 <b>WW Fruit Bread</b> Fresh Banana  <b>Cajun Red Beans &amp; Rice</b> Steamed Corn Par Steamed Carrots  <b>Cheesy WW Breadstick</b> Sliced Turkey	11 <b>Hard Boiled Egg</b> Cinnamon Apples  <b>Chicken Salad Pita</b> Sliced Cucumbers Ranch Dip Four Bean Salad  <b>WW Graham Crackers</b> Seasonal Fruit
14 <b>Corn Chex</b> Fresh Apple  <b>BBQ Chicken</b> WW Roll Potato Salad Steamed Mixed Veggies  <b>Zesty Chex</b> Applesauce	15 <b>Yogurt</b> Fresh Orange  <b>Pinto Bean Burrito</b> Shredded Cheddar WW Tortilla Cold Corn Salad Sautéed Bell Peppers  <b>WW Banana Bread</b> Pineapple	16 <b>WW Pancake</b> Applesauce  <b>Beef Meat Sauce</b> WW Penne Par Steamed Cauliflower Garden Salad Italian Dressing  <b>Lentil Salad</b> WW Pita	17 <b>WW Zucchini Bread</b> Fresh Banana  <b>Chicken &amp; Rice Casserole</b> Par Steamed Carrots Steamed Green Beans  Goldfish Crackers String Cheese	18 <b>WW English Muffin, Jam</b> Cinnamon Apples  <b>Turkey &amp; Cheese Sandwich</b> <b>WW Bread</b> Provolone Cheese Sliced Peaches Cucumber Salad  <b>Orzo Pasta Salad</b> Seasonal Fruit

<p style="text-align: right;">21</p> <p><b>Rice Krispies</b> Fresh Apple</p> <p><b>Chicken Tacos</b> WW Tortilla Pinto Beans Cold Corn Salad</p> <p><b>Yogurt</b> Pineapple</p>	<p style="text-align: right;">22</p> <p><b>WW Apple Cinnamon Bread</b> Sliced Pears</p> <p><b>Teriyaki Chicken w/Veggies</b> Brown Rice Edamame Coleslaw Vinaigrette</p> <p><b>WW Fruit Bread</b> Applesauce</p>	<p style="text-align: right;">23</p> <p><b>Scrambled Eggs</b> Fresh Orange</p> <p><b>Grilled Cheese</b> Tomato Soup Sliced Cucumbers Ranch Dressing</p> <p><b>WW Graham Crackers</b> String Cheese</p>	<p style="text-align: right;">24</p> <p><b>Waffle</b> Applesauce</p> <p><b>Swedish Meatballs</b> WW Pasta Par Steamed Carrots Garden Salad Italian Dressing</p> <p><b>Hummus</b> WW Pita</p>	<p style="text-align: right;">25</p> <p><b>Mini Bagel</b> Jam Cinnamon Apples</p> <p><b>Egg Salad Sandwich</b> WW Bread Par Steamed Broccoli Fresh Banana</p> <p><b>WW Soft Pretzel Bites</b> Seasonal Fruit</p>
<p style="text-align: right;">28</p> <p><b>Corn Flakes</b> Fresh Apple</p> <p><b>Baked Chicken Mac N Cheese</b> Steamed Peas Par Steamed Carrots</p> <p><b>WW Cornbread</b> Sliced Pears</p>	<p style="text-align: right;">29</p> <p><b>WW Banana Bread</b> Sliced Peaches</p> <p><b>Beef w/Mushrooms</b> Quinoa Diced Beets Green Bean Salad</p> <p><b>Brown Rice Cake</b> String Cheese</p>	<p style="text-align: right;">30</p> <p><b>Pancake</b> Applesauce</p> <p><b>Refried Bean &amp; Cheese Burrito</b> Shredded Cheddar WW Tortilla Steamed Corn Sliced Bell Peppers</p> <p><b>WW Graham Crackers</b> Sliced Turkey</p>	<p style="text-align: right;">31</p> <p><b>Chicken Sausage Patty</b> Fresh Orange</p> <p><b>Curry Chicken w/Veggies</b> Brown Rice Edamame Coleslaw Vinaigrette</p> <p><b>Barley Salad</b> Cinnamon Apples</p>	<p><i>*This institution is an equal opportunity provider and employer. **Breakfast and Lunch are served with 1% white milk ***Menu subject to change based on product availability</i></p>

\*All milk served to participants is unflavored, all participants 2 years and older are served low-fat (1%) and children 1 year old are served whole milk.

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